



17-18 January, 2023

(३ - ४ माघ, २०७९)

Kathmandu, Nepal

NATIONAL CONFERENCE ON COMPREHENSIVE SEXUALITY EDUCATION

Theme: Advancing CSE to achieve Sustainable Development Goals 2030

CSE4All

Organized by:



Government of Nepal
Ministry of Education, Science and Technology
Center for Education and Human Resource Development
Kathmandu
2022

NATIONAL CONFERENCE ON COMPREHENSIVE SEXUALITY EDUCATION

Theme of the Conference: Advancing Comprehensive Sexuality Education (CSE) to achieve Sustainable Development Goals 2030

Background

The world now has more young people than ever before. Adolescent is an important stage of human development and is an important asset for the country. Healthy adolescents support at present as an important workforce, create healthy adulthood community in future and delivering healthy baby in next generation. Generally, they are healthy and productive as compare to other groups but they also face a lot of risks and challenges when it comes to social and political participation, access to sexual and reproductive health information and services. Young people are more vulnerable to multiple sexual and reproductive health problems, ranging from early and forced marriage, unsafe sex, early and unwanted pregnancy, early child bearing and sexually transmitted infections including HIV. In addition, young women and girls are more vulnerable to violence including sexual violence and suffers from various forms of harmful practices perpetuated by patriarchal socio-cultural norms and values and taboos around sexuality. It is said that the strategic investments in adolescents' health and well-being have economic and social benefits amounting to 10 times more than they cost, save 12.5 million lives, prevent more than 30 million unwanted pregnancies, and prevent widespread disability.

Government of Nepal has made global commitments to realize the 2030 Agenda and the Sustainable Development Goals (SDGs), specifically SDG 3 on health and well-being, SDG 4 on quality education and SDG 5 on gender equality and women's empowerment and its specific target of ending GBV and harmful practices against women and girls. The School Sector Development Plan (SSDP) 2016-2023, has aimed to strengthen participation and minimizing the adolescent girls drop-out rate by fulfilling their privacy and menstrual hygiene management related needs. The School Education Sector Plan 2022-2030, continues the policy of Nepal Government to implement CSE in schools.

Rationale¹

Children and young people have a right to receive accurate, scientifically comprehensive information about sexuality education. However, teaching about sexuality in schools is a sensitive subject. Parents, religious leaders, and politicians have been debating how much and what should be taught at what age frequently in extremely polarized debates.² It is believed that a good education assists young people in gaining the knowledge, skills, and ethical values necessary to make informed and healthy decisions about relationships, sex, and reproduction.

Even though there are signs that early marriage is on the decline, 28.8% of 15-19-year girls are already married. Men's median age at first sexual intercourse is one year younger than their median age at first marriage (17.9), whereas women's median ages at first marriage and first sexual intercourse are the same. More than half (51%) of women aged 25 to 49 had their first sexual intercourse by the age of 18, and 71 percent had their first sexual intercourse by the age of 20. These high proportions indicate a high likelihood of pregnancy early. The age-specific fertility rate in the 15-19 age group is 88 births per 1,000 women, up from 81 births per 1,000 women in 2011 (*NDHS 2016*). This Most importantly, adolescent fertility rate is much higher i.e., 288/1000 among married adolescent as show by a

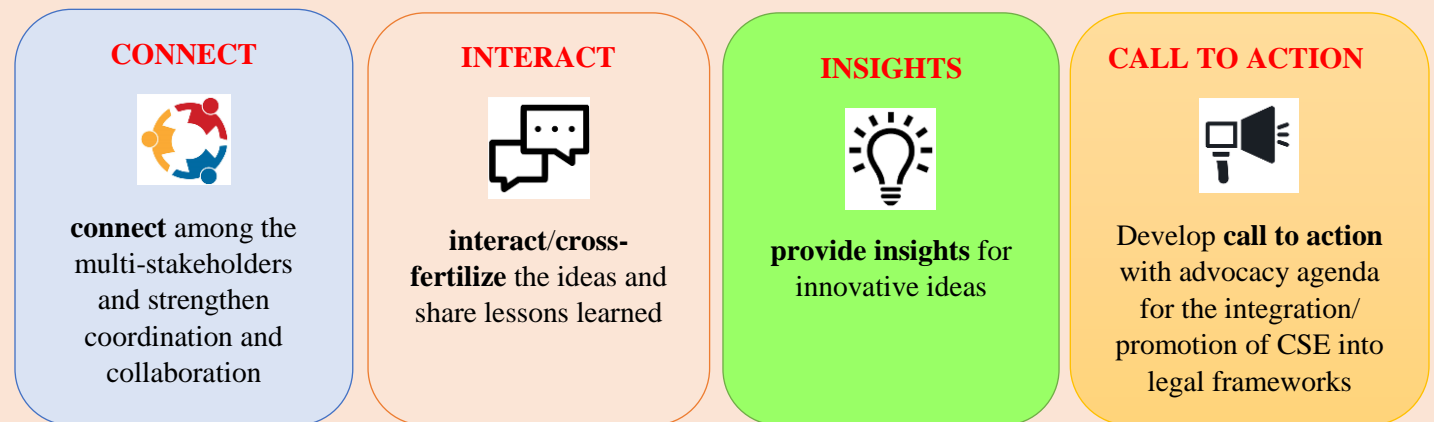
¹ ITGSE, UNESCO, 2018

² <https://www.coe.int/en/web/commissioner/-/comprehensive-sexuality-education-protects-children-and-helps-build-a-safer-inclusive-society>

recent analysis of in 2020³. These indicators show significant efforts are needed to achieve SDG goal of AFR 30/1000 by 2030.

Objective

The main aim of the national conference is to raise profile of CSE and its importance among the various government agencies and relevant stakeholders. The conference will support to create a platform to:



Expected outputs

- **Connect** with various stakeholder including experts and CSE accelerators from field and identify synergies and ways to working together;
- Opportunity to **interact** /cross-fertilize the ideas and share lessons learned on different thematic issues related to CSE/SRHR/Gender and learn good practices and importance of CSE and GBV and harmful practices in achieving SDGs 3, 4 and 5;
- Generate and disseminate the innovative approaches and **best practices** for CSE and GBV and harmful practices in and out of schools;
- Identify common advocacy agenda for **collective action** for the integration and promotion of CSE and GBV and harmful practices;
- Disseminate the research findings on CSE and ending GBV and harmful practices.
- Develop a position paper and call for **action** for the CSE and ending GBV and harmful practices, including around research and advocacy activities.

Plenary: CSE Matters!!!

Sub-Themes

1. **Sub-Theme 1:** CSE for GBV and Harmful Practice Prevention
2. **Sub-Theme 2:** CSE for Health, well-being and Dignified living
3. **Sub-Theme 3:** Challenges and Scope: Use of technology and Digital platform for transformative education
4. **Sub-Theme 4:** CSE in and Out of School to foster equity and inclusion

³ Estimate AFR using data on education and marital status that are available for adolescent girls at municipality-level in Nepal.

CALL FOR ABSTRACTS

This is an announcement for submission of abstracts for the National Conference on CSE 2023 with the theme - “Advancing CSE to achieve Sustainable Development Goals 2030” that is being organized in Kathmandu from January 17-18, 2023 (३- ४ माघ, २०७९).

There will be four tracks selected for parallel presentation. The details of the tracks are given below:

- Track A:** Enabling Environment (Policy, Financing and Accountability) for CSE and Ending GBV and Harmful Practice Practices
- Track B:** Capacity Building and CSE Delivery in Schools and out of schools
- Track C:** Equity and Inclusion
- Track D:** Research, Monitoring and Innovation, Intra-and inter- sectoral Collaboration
- Track E:** Any other relevant topic

We would like to invite all interested persons/organizations to kindly prepare and submit abstract under the tracks mentioned above. The details of the abstract’s guidelines, submission and selection criteria are provided below:

1. The abstract should address one of the tracks mentioned above. Please choose the track which best describes the subject of your abstract in the abstract form.
2. The text of the abstract should not exceed 250 words (in Times New Roman font size 11pts).
3. The abstracts should be submitted in the prescribed abstract form provided. Abstracts can be submitted both in English and Nepali languages.
4. Abstracts should be sent by mail to Conference Secretariat, Family Planning Association of Nepal (FPAN), *Pulchowk, Kathmandu in following address: abstractnccsenepal@fpan.org.np*
5. The deadline for abstract submission is 30 November, 2022.
6. The abstract should cover the following:
 - a. Background: general introduction and the study objectives, the hypothesis tested, or a thorough description of the problem/issue;
 - b. Methods: materials and methods used to collect information, analysis of issues, use of statistical procedure and/or the specific statistical packages(software), if used in analysis, approach and intervention;
 - c. Results: specific results, discussion, and conclusion(s) drawn, summarize the main outcome.
 - d. Lesson learned/recommendation/implication
7. This guideline and abstract form will be available at FPAN website (www.fpan.org)(link will be added once it is created). You can also choose to submit your abstract directly to the website.
8. Your abstract, if accepted, will appear in its full form in the abstract book.
9. An independent review panel will review the abstracts for selection. The committee reserves all rights to assign any accepted abstract for oral or poster presentation. The committee also reserves the right for rejection of any submitted abstract.
10. Notification of acceptance or rejection will be sent to the corresponding author by December 15th, 2022 by email.
11. The organizing committee will not be responsible for scholarships even to participants with accepted abstracts. He/she is advised to make his/her own financial coverage for participation.
12. If any queries, please feel free to correspond to secretariatnccsenepal@fpan.org.np

Last date of abstract submission: November 30, 2022.

FOCAL TRACKS

Please note that all the abstracts should be written according to aspiration of the theme of the conference

“Advancing CSE to achieve Sustainable Development Goals 2030”

Track A: Enabling Environment (Policy, Financing and Accountability)

CSE	Ending GBV and Harmful Practices
<ul style="list-style-type: none"> • CSE Policy Environment and Advocacy • Governance/Accountability/Education System Strengthening • Integration of CSE in school curriculum • Health and Well-being • Financing • CSE delivery in Federal Context • Addressing socio-cultural barriers 	<ul style="list-style-type: none"> • GBV and Harmful Practices Policy Environment and Advocacy, • Law enforcement • Governance/Accountability/Education System Strengthening • Health and Well-being • Financing • Addressing socio-cultural barriers

Track B: Capacity Building and Program interventions on CSE and Ending GBV and Harmful Practices Delivery in Schools and community

CSE	Ending GBV and Harmful Practices
<ul style="list-style-type: none"> • Community based interventions • School based interventions • BCC/SBC and Mass media • Peer Education • Adolescent friendly Information center • Adolescent Friendly Health Services • Use of Information Communication Technology in CSE • Training of teachers and post training support • Effectiveness of training • Innovative approaches for capacity building (coaching/mentoring) 	<ul style="list-style-type: none"> • Community based interventions • Incentive (bank deposit scheme) • School based interventions – scholarship • BCC/SBC and Mass media • Peer Education • Use of Information Communication Technology • Training of teachers, elected and community leaders • Advocacy/ pressure groups • Innovative approaches

Track C: Equity and Inclusion

CSE	Ending GBV and Harmful Practices
<ul style="list-style-type: none"> • Disabilities (all types) • Sexual minorities • Out of school adolescents and youth 	<ul style="list-style-type: none"> • Ethnic minorities • Girls and families of marginalized communities, poor/ultra-poor

Track D: Research, Monitoring and Innovation and inter and intra-sectoral collaboration

CSE	Ending GBV and Harmful Practices
<ul style="list-style-type: none">• Tracking progress - EMIS• Evidence based planning and policies and CSE/Innovations• Case studies and other researches on improving CSE update and related HSS• Evaluation and Learning• Use of ICT• Inter and intra-sectoral collaboration	<ul style="list-style-type: none">• Tracking progress• Evidence based planning and policies and Innovations• Case studies and other researches/studies• Evaluation and Learning• Use of ICT• Inter and intra-sectoral collaboration

Track E: Any other relevant topic

Contact:

The Secretariat

National Conference on Comprehensive Sexuality Education

Family Planning Association of Nepal, Contact Phone: 977-1-5010240,

Email:

secretariatnccsenepal@fpan.org.np; abstractnccsenepal@fpan.org.np

**NATIONAL CONFERENCE ON COMPREHENSIVE SEXUALITY EDUCATION AND
ENDING GENDER-BASED VIOLENCE INCLUDING HARMFUL PRACTICES**
(वृहत् यौनिकता शिक्षा तथा लैङ्गिक हिंसा र हानीकारक अभ्यासहरुको अन्त्य सम्बन्धीसम्मेलन)
January 17-18, 2023, Kathmandu, Nepal (३- ४ माघ, २०७९, काठमाण्डौ, नेपाल)

Theme: *Accelerating Comprehensive Sexuality Education for ending harmful practices, and improving health and well-being*

Please fill in the form as indicated by the guideline and it can be filled in English or in Nepali as convenient
(कृपया संलग्न निर्देशिकाको सहयोग लिई सजिलो अनुसार यस फाराम अंग्रेजी अथवा नेपालीमा भर्नुहोला)

ABSTRACT FORM (सारांश फाराम)

Track (please circle) ट्र्याक (गोलो घेरा लगाउनुहोस्)	
CSE	Ending GBV and Harmful Practices
A B C D E	A B C D E

Office Use Only: अफिस प्रयोजनको लागि मात्र:				
Abstract No:				

Title of the Abstract (एबस्ट्र्याक्टको शिर्षक) :

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Abstract (एबस्ट्र्याक्ट) : (not more than 250 words)

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Presenting Author (प्रस्तुत गर्ने लेखक)

SN (सि.नं.)	First Name पहिलो नाम	Middle Name विचको नाम	Last Name थर

Name of the Organization (संस्थाको नाम):

Address ठेगाना

P.O. B पो.बक्स	Ward वडा	Municipality गाउँ पालिका /नगरपालिका	District जिल्ला	Province प्रदेश
Mobile Telephone टेलिफोन:				
Fax फ्याक्स:				
Email ईमेल				

Presentation Type प्रस्तुतिको प्रकार:

Please put tick mark as appropriate (कृपया यी ठाउमा चिन्ह लगाउनुहोस्) Note: The Scientific Sub-Committee/Organizing Committee would have right make final decision regarding this, (यस सम्बन्धमा वैज्ञानिक उपसपिमती/आयोजक समितीको निर्णय अन्तिम हुनेछ ।

Oral Presentation मौखिक प्रस्तुति	
Poster Presentation पोष्टर प्रस्तुति	

_____ (हस्ताक्षर/ Signature)

Date: Day .../Month..... / Year.....

मिति: दिन महिना साल

Co-authors सह-लेखकहरू

1. Name नाम

Organization संस्था

Address ठेगाना

2. Name नाम

Organization संस्था

Address ठेगाना

3. Name नाम

Organization संस्था

Address ठेगाना